

50KM · 100KM · 100MI LOST SOUL ULTRA LETHBRIDGE, AB

"Toughest (and nicest)
Race on the Prairies"



Aid Stations

- ★ Start/Finish Point
- Water Station
- First Aid

Race Legs

- Leg 1 (South Loop)
- Leg 2 (HQ to Softball Valley)
- Leg 3 (Softball Valley to Pavan Park)
- Leg 4 (North Loop Pavan)
- Leg 5 (Pavan Park to Softball Valley)
- Leg 6 (Softball Valley to HQ (Finish))

Navigation

- P Parking Lot
- ⋯ Driving Route

